

A.3 APPENDIX B

COMMUNITY LEADERSHIP OVERVIEW AND SCRUTINY COMMITTEE

6 OCTOBER 2026

RECOMMENDATIONS MONITORING REPORT

Recommendation(s) Including Date of Meeting and Minute Number	Actions Taken and Outcome	Completed, follow-up work required or added to Work Programme
<u>This Committee's meeting held on 23 September 2025</u> Youth Mental Health RESOLVED that the Committee:- 1) urges the Portfolio for Partnerships to take up the following policy recommendations from the University of Essex's Coastal Communities Centre research into Coastal Disadvantage and Youth Mental Health as part of the strategic approach to Health and Wellbeing locally: - Develop a long-term strategy to increase diagnosis of mental health conditions and reduce the development of poor mental in children and adolescence. - Create local targets to improve mental health for young people in line with the national average, as part of their annual planning exercise. - Invest in delivery of interventions to support the mental health of coastal young adults in the most deprived areas of the England. This should include facilitating access to services with a focus on the most at-risk	Response of the Partnerships Portfolio Holder for Partnerships, in her formal decision dated 28 October 2025:- <i>"In responding to the recommendations within the minutes of the Community Leadership Overview and Scrutiny Meeting on 23 September 2025 I propose to take the following action in respect of the Committee's lettered recommendations:- I will ask officers to:</i> <i>a) write to the Integrated Care Board identifying the link between coastal communities and poor mental health for them to help seek to address this.</i> <i>b) highlight to the Committee what the Council is doing to seek to address poor mental health through its Health and Wellbeing Strategy including the interventions to address poor mental health and its drivers; and</i> <i>c) provide an update to the Committee about the actions that are being taken by the Council to help improve aspiration."</i>	Completed

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groups (e.g. how can services be brought closer to coastal young adults). - Fund longer-term investments in deprived coastal communities to tackle the drivers of poor mental health. This includes improving opportunities for education, employment, housing and social connection with improved public transport essential for all of these. 2) requests Officers to work with the Council's partners to promote measures to encourage greater aspiration for young people, including among their parents, and thereby address the continuing inter-generational low aspirations.	Full details of the decision can be found via the following URL: https://tdcdemocracy.tendringdc.gov.uk/ieDecisionDetails.aspx?ID=13895 As per c), the Committee have since been awaiting that update, which is now provided as follows: <i>“The Council has worked in partnership with Essex University, Essex County Council (as part of their Year of Opportunity) and wider partners to deliver a STEAM (science, technology, engineering, art and maths) event where 624 Year 6 pupils attended Essex University to learn about careers and key skills for the future so as to help raise their aspiration.</i> <i>This event provided pupils with the chance to explore careers in a hands-on way and helped them understand the opportunities available to them and the skills they will need for the future. It included a variety of local employers from green energy through to Colchester Zoo and a number of academic departments from the University took part as well helping to demonstrate the opportunity around university access.</i> <i>Tendring District Council works in Partnership with Essex County Council to host the Future Skills Partnership which brings a wide variety of partners together including education, health and careers colleagues to consider how to develop skills and opportunities for young people and some of the work it has currently discussed is STEAM events, ECC's</i>	
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	<i>Year of Opportunity, the Greater Essex Careers Hub and new modern work experience.</i> <i>This work takes place alongside that of the Tendring Education Strategic Partners Group and the Tendring Education Leaders Group which currently has a focus on attendance. This work has every school in Tendring engaged in how to address this problem by using external support to help understand the causes and drivers of poor attendance and then seek to address those and therefore provide opportunity for pupils.”</i>	
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Recommendations monitoring for those recommendations from earlier meetings of the Committee have been previously reported to the Committee and, as such, are not repeated here as there is no further update to be provided on them.